

PureMen

PureMen Bible Study – Session 3 – 12/3/08

Something To Thank the Lord For?

Recite Memory Verse (Eph 6:10,11)

Review Study Questions from Chapter Two

Lesson Title: CONFRONTING THE TRUTH OF YOUR SIN

Brief Background of King David and the events leading up to his sin. (*See 2 Sam 11,12*)

Psalm 51

Have mercy upon me, O God, according to thy lovingkindness: according unto the multitude of thy tender mercies blot out my transgressions.

Wash me thoroughly from mine iniquity, and cleanse me from my sin.

For I acknowledge my transgressions: and my sin *is* ever before me.

Against thee, thee only, have I sinned, and done *this* evil in thy sight: that thou mightest be justified when thou speakest, *and* be clear when thou judgest.

Behold, I was shapen in iniquity; and in sin did my mother conceive me.

Behold, thou desirest truth in the inward parts: and in the hidden *part* thou shalt make me to know wisdom.

Purge me with hyssop, and I shall be clean: wash me, and I shall be whiter than snow.

Make me to hear joy and gladness; *that* the bones *which* thou hast broken may rejoice.

Hide thy face from my sins, and blot out all mine iniquities.

Create in me a clean heart, O God; and renew a right spirit within me.

Cast me not away from thy presence; and take not thy holy spirit from me.

Restore unto me the joy of thy salvation; and uphold me *with thy* free spirit.

Then will I teach transgressors thy ways; and sinners shall be converted unto thee.

Deliver me from bloodguiltiness, O God, thou God of my salvation: *and* my tongue shall sing aloud of thy righteousness.

O Lord, open thou my lips; and my mouth shall show forth thy praise.

For thou desirest not sacrifice; else would I give *it*: thou delightest not in burnt offering.

The sacrifices of God *are* a broken spirit: a broken and a contrite heart, O God, thou wilt not despise.

Do good in thy good pleasure unto Zion: build thou the walls of Jerusalem.

Then shalt thou be pleased with the sacrifices of righteousness, with burnt offering and whole burnt offering: then shall they offer bullocks upon thine altar.

The outline of this week's lesson is from the book,
Living Purely in an Impure World, by Jim Binney.

I. **Sin Soils the Soul** (v.1,2)

- a. David was asking God to relieve him of the filthy feeling that permeated his soul. He felt dirty after his sin, and nothing he tried could give him a sense of cleanliness.
- b. As king, David had the finest of everything: bathtubs, soaps, clothing, colognes, etc. but nothing could clean him from the dirtiness that he felt.
- c. The chronic filthiness that he felt was obviously not of the body but of the spirit – and David finally realized this.
- d. And no human effort can remove this filthiness and its attack on the human spirit.
- e. Just like a wound has to be cleansed from all contaminants or else it will get infected and not heal properly, the germ that is causing this “soiling of the soul” also needs to be thoroughly cleansed.

II. **Sin Saturates the Mind** (v. 3)

- a. Day and night, night and day, David’s sin continued to haunt him. It constantly chased him and he could not escape its pursuit. When he awoke in the morning, his first thought was of the sin. When he laid down at night, his last thought was of his sin. If he slept at all, his sleep was troubled by nightmares of his depravity.
- b. It’s as if he was no longer a powerful king of a mighty nation – he was just surviving, just existing. Nothing he could do brought peace or comfort. All of his duties and responsibilities weighed heavy on him.
- c. Jim Binney, in his book, *Living Purely*, says, “*When you indulged in your sexual sin, you had thoughts only for the pleasure at hand. All consciousness of future penalty was pushed from your awareness; and each time it began to surface in your conscious, you pushed it back with a new wave of pleasure. But now, the breaches of your conscience outnumber the pleasures with which to attack. “My sin is ever before me.” If you run, it catches you. If you hide, it finds you. You can set it afire, and its charred remains embrace you. You can bury it, and its resurrected corpse searches out your nostrils to invade them with the stench of its corruption.*”

III. **Sin Stings the Conscious** (v. 6)

- a. When David referred to the “inward parts” he was referring to that part of man which houses the memory, the imagination, and most notably, the conscience.
- b. He knew that God wanted him (and us) to be brutally honest and fully transparent about what he had done.
- c. Our conscience is like a GPS device in our car, but it is installed in our hearts, to insure your safety. To ignore its warnings is to do so at your own peril.

- d. Also like an Automatic Guidance System. 1984 Avianca Airlines jet that slammed in to a mountain in Spain. When they recovered the voice-box-recorder after the crash, they heard the alarm system with the computerized voice tell the pilot to “Pull-Up, Pull-Up.” The pilot is heard saying, “Shut up Gringo” right before he turned the system off. Moments later the jet crashed into the side of the mountain killing everyone on board.
- e. In a similar way, when we are about to crash and burn in our sin, our conscious yells out “Pull-Up, Pull-Up!” We have a choice then – to pull up or to say (in a sense, “Shut-Up Gringo”
- f. God desires “truth in the inward parts.” You and I must choose to either tell the truth or continue to lie to God and to yourself.

IV. **Sin Saddens the Heart** (v. 8)

- a. David lost something very dear to him – he lost his joy and his gladness. He is appealing to God to restore it to him because God is the only One Who can.
- b. All the great riches, and power, and majesty that David may have now mean nothing to him.
- c. Remember the joy you felt in His presence? Remember the contentment with His will for your life? The hope of tomorrow and the excitement of today? Where has it gone? If you’re caught up in habitual sin, has the depression you are now experiencing been a good trade for the presence of God in your life? Don’t you want to hear “joy and gladness” again? **The good news is that it can be restored!**

V. **Sin Sickens the Body** (v. 8)

- a. It is estimated that most of the sicknesses in the world (as high as 90%) are not caused by some organic problem but by emotional problems.
- b. David was using poetic license when he said “the bones which thou has broken” to describe the literal physical misery he was enduring because of his sin.
- c. Even with the widespread emotional problems, there are also significant organic sicknesses as well. STDs run rampant in our society today!

VI. **Sin Sours the Spirit** (v. 10)

- a. Retell (quickly) the story of Nathan’s confrontation with David.
- b. David’s reaction shows us how far his spirit had soured and how critical he had become of others. Here was a king who had stolen a wife and killed a man to cover his sin, and he was sitting in judgment of someone who only stole an animal. **How critical sin can make us!**



When every one
else's sin angers
us in
"righteous
indignation" while
our own personal
sin goes
unrecognized,
unconfessed,
Unrepented of,
And ultimately,
Unforgiven

- c. When a person is guilty of sexual sin, he often demonstrates an air of moral superiority and public condemnation, perhaps to put off the unsuspecting observers by his vehement piety.
- d. So what is the solution? When David was confronted by Nathan, he said three words only spoken by 10 men in all Scripture: "**I Have Sinned.**" He **finally** took full responsibility for his sins, blaming nobody but himself. **This was the beginning place of his spiritual healing and restoration.**

Sin Silences the Tongue (v. 14)

- a. The great musician, song-writer, Psalmist, etc. of Israel had grown quiet. Why? He had nothing to sing about. His inspiration had dried up. David knew he was spiritually sick and he did not want to hypocritically honor the Lord in song when he dishonored Him in his life.
- b. **So what is he to do?** Fall on his face before God and **Confess** his sin! Take full responsibility for it. **Be honest** with himself and God. **Repent** of the sin – a change of mind and action toward that wretched sin. And **Ask for God's forgiveness** (and accept it). **Claim the truth** of God's Amazing Promises – "*If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.*" 1 John 1:9

Close in PRAYER!