

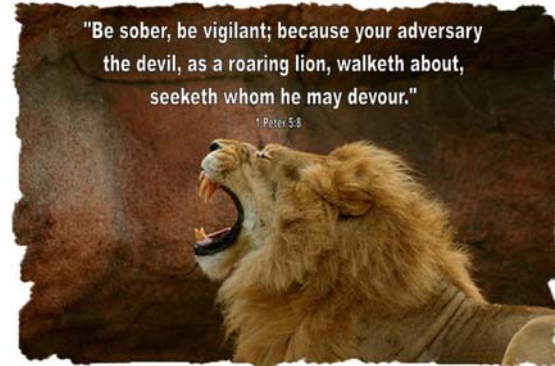
PureMen

PureMen Bible Study – Session 16 – 4/8/09

Something To Thank the Lord For?

Recite Memory Verse (1 Peter 5:8)

**BE A MAN
OF PURITY**



Review Study Questions from Chapter Fifteen – *Overcoming Lust*

Question #1: *What is required “if the mind becomes corrupted with lust?”*

- It will require some sacrificial severing to repair the damage! **Lust will not just disappear. The man who is serious about walking in purity must take some drastic measures!**
- Matthew 5:27-30 *“²⁷Ye have heard that it was said by them of old time, Thou shalt not commit adultery: ²⁸But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart. ²⁹And if thy right eye offend thee, pluck it out, and cast it from thee: for it is profitable for thee that one of thy members should perish, and not that thy whole body should be cast into hell. ³⁰And if thy right hand offend thee, cut it off, and cast it from thee: for it is profitable for thee that one of thy members should perish, and not that thy whole body should be cast into hell.”*
- **Q:** What are some examples of “sacrificial severing” that you have done in your environment (home, work, etc.) as a result of this study?
- **Q:** What can one do to maintain a spiritually clean environment in the home?

Question #2: *What does the “spirit of this world create?”*

- Spiritual atmospheres conducive to lust.
- **Q:** What are some ways the spirit of this world can create an atmosphere conducive to sexual lust right in the home?

- p. 243 “For men involved in sexual perversion, there must be a constant awareness of the atmospheres which tend to provoke sexual lust. For instance, it is not advisable for a sex addict to go to the beach or spend time browsing at a magazine rack. ...One must be sensitive to any place which has a sensuous ambience where seducing spirits lurk.
- p. 244 “The person who is going to get the victory over lust must do everything within his power to minimize the enemy’s ability to affect him spiritually!”
- ***Sober; Vigilant, I will set no wicked thing before my eyes! I made a covenant with mine eyes...*** ***Passionate about Purity!***

Question #6: *What is “hellish living?”*

- Lustful living is hellish living. Lust is demanding and never satisfied. The more one feeds the beast, the more ravenous it becomes.
- *Could anyone relate to the poison ivy illustration?* Scratching the itch may give a brief moment of satisfaction but the moment you stop, the itch starts again, demanding your attention. To not scratch it makes you feel like you might go insane!

Question #7: *How does one “climb right out of the pit?”*

- Retrace your steps. Start climbing! Step by step, not looking back!

Question #8: *What’s the “message behind lust?”*

- I WANT! I WANT! I WANT!
- **Q:** What quenches the fires of lust? **Gratitude!** A thankful spirit destroys the driving passion for sin because it creates contentment within the man’s heart. It soothes the beast, smothers the flames, and medicates the itch.
- **Q:** What is the feeling lodged within a grateful heart? (Question #9) Look at all I have! Thank you Lord for all that you have done for me and given me. I don’t need anything else. A grateful heart is a full heart. When a person is content with life, he will not be driven by lust for what he should not have! (p. 245)

Question #10: *Which of the boys could you relate more to – Johnny or Juan, explain your answer.*

- Proverbs 19:23 “*The fear of the LORD tendeth to life: and he that hath it shall **abide satisfied**; he shall not be visited with evil.*”

Question #12: *Briefly explain in your own words the “two basic things one can do” to develop a grateful spirit or an **ATTITUDE OF GRATITUDE**?*

- a. **Repent of complaining** – quit being ungrateful, stop grumbling, get rid of self-pity, stop being demanding and selfish.
- b. **Learn to start expressing gratitude:** make lists, send thank you notes, contemplate your blessings.
- c. **Consider Doing the “30 Things We Appreciate About Our Pastor”** (*time permitting*)

Question #13: *What must a man do if he “if he is going to be cleansed on the inside?”*

- Give! He must take less and give more!
- This one word (give) describes the fundamental nature of God. It is used 2000 times in Scripture. Giving shows what it means to be godly.
- Q: How can we give of ourselves? Go out and meet the needs of others. Start seeing people as God sees them.
 - As you do this, the Lord’s compassion will begin to grow within you. A gradual change will begin to take place in your heart.
 - Rather than seeing people as objects to use for your own selfish purposes, you will begin to see them as people with problems, struggles, and hurts.
 - You will begin to invest your life in theirs for their good.
 - This is the normal Christian life!
 - Anyone can claim to be a follower of Christ, but those who truly have the Spirit of God within them will eventually be compelled to love other people.
 - James put it this way: *“Pure religion and undefiled before God and the Father is this, To visit the fatherless and widows in their affliction, and to keep himself unspotted from the world.”* (James 1:27)
 - **Jesus** put it this way: *“³Let nothing be done through strife or vainglory; but in lowliness of mind let each esteem other better than themselves. ⁴Look not every man on his own things, but every man also on the things of others.”* (Phil 2:3-4)

Question #15: *What are some ideas you might have about how you can get involved in helping others?*

- This class is a direct result of this study!
- Neighborly acts, Mexico boxes, nursing home visits, assist elderly, discipleship, etc.
- **Summit Stretch Challenge #2 – Give of yourself to help somebody this week!**

In summary, **OVERCOMING LUST** is accomplished by:

1. Amputating (Mat 5:27:30) – Sacrificially cutting, removing, building hedges, etc.
2. Repenting – Grumbling, Complaining, Self Pit
3. Developing Gratitude / Thankfulness
4. Becoming a Giver – Giver of self to focus on others!

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Comment of Next Chapter – How to Become a Great Lover (A Word to Married Men)

Testimonies? Close in PRAYER!

CHASTISEMENT

PureMen **XXL** TEACHING MEN TO HAVE
A PASSION FOR PURITY

"For whom the Lord loveth he chasteneth..."
Hebrews 12:6a

**ADVERSITY
UNIVERSITY**

"If thou faint in the day of adversity, thy strength is small."
Proverbs 24:10

PureMen TEACHING MEN TO HAVE
A PASSION FOR PURITY